

## Vol. 10 - January 2026 Cozy Scribe Newsletter

### A Fresh Start in Meadowood - a New Year's Resolution



January always arrives a little quieter in Meadowood and other hometowns. The holiday decorations are tucked away, the streets feel calmer, and there's a sense that everyone has paused—just long enough—to take a breath. It's the perfect time for reflection, and maybe even a fresh start.

In small towns like Meadowood, new beginnings don't come with grand gestures or dramatic announcements. They show up in small, meaningful ways. A reorganized tea shelf. A handwritten note slipped under a neighbor's door. An extra chair pulled up to a table for that chat over coffee that lingers longer than planned. These are the moments that matter most.

The start of a new year often brings a long list of resolutions, but Meadowood has always favored a simpler approach. Instead of rushing toward change, it leans into intention. Making time for what truly matters—friendship, family, and community—has a way of clarifying everything else. When we slow down, we notice more. We listen better. And sometimes, we even spot clues we might have missed before.

Meredith Gardner suggests a fresh cup of tea has a way of doing that too. It invites us to pause, to be present, and to savor the moment. In January, that pause feels especially welcome. It's a reminder that life doesn't need to be hurried to be meaningful.

As the new year unfolds, perhaps the best resolution isn't about doing more, but about making space. Space for conversations that matter. Space for traditions that comfort us. Space for curiosity, kindness, and connection.

Here's to a new year in Meadowood or wherever you live—one filled with warm cups, open hearts, and the simple joy of making time for what truly matters.

As we step into 2026, I'd love to hear from you. What small resolution will you make this year to create more moments that matter most? Maybe it's setting aside time for a quiet cup of tea, calling a friend more often, or slowing down enough to truly listen. However it looks for you, those simple choices often become the memories we cherish most.

Feel free to reply to this newsletter or share your thoughts—I'd love to hear how you're welcoming the new year.

## Kingsport Public Library Author Talk

On January 13th, I have the pleasure of talking to local residents and members of the Kingsport Library about my writing and my latest project. I'll be doing a short reading then opening the floor to discussion of characters, plots, villains and heroes, and the suspense a reader experiencing in a well-written mystery or thriller.


The Kingsport Library is hosting a "BEHIND THE BOOK" author event with local authors during the entire month. I look forward to the session and hope we have a good turnout of reading enthusiasts.



**Kingsport Public Library**  
Local Author Presentation - January 13, 2026

**BOOKS & BEYOND**

**AUTHOR VISIT**  
**NANCY WADE**

Join local author Nancy Wade for an interactive discussion about her current project. Attendees will have the opportunity to provide input on plot and characters in a suspense thriller and gain insight into the writing process. She will also have books available for purchase and signing.

 Tuesday, January 13<sup>th</sup>  
12pm-4pm



**BEHIND THE BOOK**

**Upcoming Local Author Presentations:**

Friday, January 16<sup>th</sup> - Anna O'Keefe  
Tuesday, January 27<sup>th</sup> - Angie Hyche  
Friday, January 30<sup>th</sup> - Laurie Herlich, Alex Gordon, and Susan Marie Graham